

# Kerala Olympic Games- 2022

Organised by Kerala Olympic Association

## Weightlifting Championship

Conducted by Kerala State Weightlifting Association

To be held at IRC Indoor Stadium, Shanghumugham, Thiruvananthapuram

On 8<sup>th</sup> & 9<sup>th</sup> May 2022

### Competition Schedule

#### 8<sup>th</sup> May 2022:

- 8.00AM : Team Reporting & Technical Committee Meeting  
8.30AM : Weighing in for 55Kg Men Category  
(Juries & Referees in Charge: B & A)  
9.00AM : Opening Ceremony  
10.00AM : Competition for 55Men Category  
10.00AM : Weighing in for 45Kg Women Category  
(Juries & Referees in Charge: A & C)  
11.30AM : Competition for 45Kg Women Category  
11.30AM : Weighing in for 61Kg Men Category  
(Juries & Referees in Charge: B & B)  
01.00 PM : Weighing 49Kg Women Category  
(Juries & Referee in charge: A & C)  
01.00PM : Competition for Men 61Kg Category  
02.30PM : Weighing in for 67Kg Category Men  
(Juries & Referees in Charge: A & B)  
02.30PM : Competition for 49Kg Category Women  
04.00PM : Weighing in for 55Kg & 59Kg Category Women  
(Juries & Referees in Charge: A & A)  
04.00PM : Competition for 67Kg Category Men  
05.30PM : Weighing in for 73 Kg Category Men  
(Juries & Referees in Charge: B & C)  
05.30PM : Competition for 55Kg & 59Kg Category Women  
07.00PM : Competition for 73Kg Category Men.  
07.00PM : Weighing in for 64Kg Category Women  
(Juries & Referees in Charge: A & A)

For KERALA STATE WEIGHTLIFTING ASSOCIATION

  
Hon. Secretary



**9<sup>th</sup> May 2022 :**

- 07.30AM : Weighing in for 81Kg Category Men  
(Juries & Referees in Charge: B & C)
- 08.00AM : Competition for 64Kg Category Women
- 09.00AM : Weighing in for 71Kg & 76Kg Category Women  
(Juries & Referees in Charge: A & B)
- 09.30AM : Competition for 81Kg Category Men
- 10.30AM : Weighing in for 81Kg & 87Kg Category Women  
(Juries & Referees in Charge: B & A)
- 11.00AM : Competition for 71Kg & 76 Category Women
- 12.00PM : Weighing in for 89Kg Category Men  
(Juries & Referees in Charge: A & C)
- 12.30PM : Competition for 81Kg & 87Kg Category Women
- 01.30PM : Weighing for +87Kg Category Women  
(Juries & Referees in Charge: B & B)
- 02.00PM : Competition for 89Kg Category Men
- 02.30PM : Weighing in for 96Kg & 102 Kg Category Men  
(Juries & Referees in Charge: A & A)
- 03.30PM : Competition for +87 Kg Category Women
- 04.00PM : Weighing in for 109Kg & +109Kg Category Men  
(Juries & Referees in Charge: B & C)
- 05.30PM : Competition for 96Kg & 102Kg Category Men
- 07.00PM : Competition for 109Kg & +109 Category Men
- 08.30PM : Closing Ceremony & Prize Distribution.

**For KERALA STATE WEIGHTLIFTING ASSOCIATION**

  
**Secretary &  
Hon. Secretary**

